

+ **Combat Judo & Aikijutsu Seminar**

OPEN TO ALL RANKS & AGE GROUPS.
(Absolute beginners are welcomed)

DATE: 7 / 3 / 2021 (Sunday)

TIME: 10.00am to 1.15pm (15 mins. BYO Break)

COST: \$30.00 per person. (\$35.00 non LFP members)

VENUE: Honbu Dojo (Carrington Park Leisure Centre—20
O'Connor Road, Knoxfield.

- *** This seminar is very important to all LFP members because the LFP New Grading Syllabus includes Aiki Jujutsu & Judo Throw techniques. These techniques are NOT taught in every dojo.
- *** Teaches very effective Self Defence methods; Does not require strength and brute force.
- ** No previous martial arts experience is required. Suits all ages & your belt levels (male & female).
- *** LFP Gi Required; Others may attend in track suit or loose clothing.
- *** your friends from other martial arts styles are welcomed.

BOOKING IS ESSENTIAL; CALL KANCHO
0418.809808 .

Book before Friday 5/ 3 /20211.(Unless Booked Out)

Only 20 participants Allowed on the day

